



## Gala News

**Nuneaton and Bedworth Friendly Gala Diddy – Nuneaton 7<sup>th</sup> Sept. 2013**

**Bilston – 319, Nuneaton Red – 318, Stratford Sharks – 295, **Camp Hill – 177**, Haden Hill – 168, Nuneaton Blue – 147, Mark Haven – 120**

This gala was our warm up to the finals for the Junior League, after a long six weeks off training for most. We were really pleased with 4th place, since all the teams we competed against at this gala were Division 2 and Division 1 junior league teams, proving that we will be very competitive next year in Division Two. Teams who placed 1-3 were all Division 1 teams.

There were some fantastic swims through the evening, especially by Lilianne McMahon with our only individual 1st of the gala in the Girls 9 years 1L BrS, an excellent dive and swim shown by Elizabeth Ribchester in the Girls 10yrs 2L BrS (5th), a wonderful length of BF for Millie Checkley in the 9yrs 1L BF (2nd) and a smashing swim for Luke Watson-Brown in the 9yrs boys 9yrs 1L BS (2nd) and Gerda Vasiliauskaite's superb BS underwater starts are always something to watch out for, swimming up an age group Girls 11yrs 2L BS (4th).

Our 8 year girls team were spectacular, especially since called on so last minute due to an error made on my part. They stormed their relays coming 1st in both the Medley and the Freestyle. Shame we have no 8 years boys at present to do the same (if you know of any please bring them for a trails on Fridays). All of the relays were very well executed, with some fantastic take-overs and finishes, especially by Libby Merchant, Luke Watson-Brown, Aimee Hood and James Smith.

Well done to all, a very positive start to the season.

**Heather ☺**

**Nuneaton and District Junior Finals – Wolverhampton 14<sup>th</sup> Sept 2013**

**Gala Results:**

**Camp Hill – 208**, Evesham – 205, Warley Wasps – 175, Fox Hollies – 168, Blythe Barracudas B – 159, Newport – 143

**League Results:**

**1st Camp Hill – 24**, 2nd Evesham – 22, 3rd Warley Wasps – 20, 4th Fox Hollies – 19, 5th Newport – 18, 6th Blythe Barracudas B – 16

**Trophy Winners:**

**Best Dressed – Warley Wasps**

**Relay Trophies:-**

**Event 11 – Evesham**

**Event 12 – Fox Hollies**

**Event 17 – **Camp Hill****

**Event 18 – Warley Wasps**

**Event 21 – Evesham**

**Event 22 – Evesham**

**Event 33 – **Camp Hill****

**Event 51 – Evesham**

### **Division Winners' Trophy - Camp Hill**

We were up bright and early for an 8.30am warm up at Wolverhampton. Flag dusted down, brand new league finalist t-shirts handed out, caps donned and cheering squad in the stands, we took our spot to parade around the pool to a mighty cheer. Warm up done, claps finished and reminders completed and we were ready and very raring to go.

We totalled 14 first places throughout the gala, and 11 seconds, with Evesham reversing that same score. After 12 races we were 8 points ahead of Evesham, but they slowly began closing that gap to 6 points after 24. We pulled ahead again after 36 to have a 14 point lead but knew it was very close coming up to the final points score due to a succession of 4th places and coming 2nd to Evesham in the final cannon (which originally we had been DQ'd from, but was re-instated). Convinced we had come 2nd overall, we prepared to congratulate Evesham for winning the gala, but were holding on hope to retaining



the league 1st place. As the final results were handed out we were told we had come 1st by 1 point, winning the gala and the league! (This has now been changed after results were double-checked and we won by 3 instead!). A very close and exciting gala as I'm sure any of our cheering squad will tell you.

All of the swims were fantastic on the day and the swimmers did us so proud! To mention a few which really stood out to us; Alex Deeks with his fantastic finish Boys 10yrs 50m FS 1st (37.01), Hannah Watkins and her ever improving BF Girls 12yrs 50m BF 3rd (40.03), Gabby Dickson and her perfect turn and ½ length lead Girls 11yrs 50m BS 1st (39.61), Adele Reeves with a superb turn Girls 11yrs 50m FC 1st (35.17) and Jay Merchant with his lovely underwater on the turn Boys 11yrs 50m BrS – 5th (52.10).

The relays were again excellent but we have lost our no DQ crown as we had 1 DQ for a flyer! I will put that down to sheer excitement and nerves! The Boys 11yrs FS relay showed us amazing take-overs especially by Jay Merchant and a fantastic finishing leg by Alex Deeks, who continued that fantastic finishing streak into the Boys 10yrs Medley relays pulling them from 6th place to 3rd! Luke Watson-Brown also showed an incredible finish in the Boys 10yrs FS Relay -1st, and Veronika Rubinova showed us how to finish the girls cannon in style, winning the relay trophy as well as 1st place.

What a fantastic end to such a successful junior season. 2014 we will be in division two against tougher teams. Time to start training...

Well done!

**Heather, Pete, Jane and Kate 😊**

**Arena League – Round 1 Harborne 12<sup>th</sup> Oct 2013**

**Rugby – 201, Camp Hill – 178, Solihull B – 158, Perry Beaches - 152**

A fantastic start to the Arena League 2013. A few highlights of the night include Jane Stalker 1st Ladies Open IM, Matilda Neal 1st Girls 10/11 Butterfly, Grace Rees 1st Girls 10/11 Freestyle, Aled Luckman 2nd Boys 13/U Freestyle, Clement

Evans 2nd Boys 15/U Breaststroke, Veronika Rubinova 2nd Girls 15/U Backstroke.

Relays throughout the night were brilliant, with the Open Women and the 9/11 Girls teams coming 1st in all of theirs. There was an excellent start by Alice Collier in the Girls 15/U Freestyle Relay, helping them achieve a very close 2nd place and a fantastic catch up by Veronika Rubinova in the Girls 13/U Medley Relay bringing them to 3rd.

Well done!

**Heather 😊**

**Arena League – Round 2 Leighton Buzzard 09.11.13**

**Leighton Buzzard – 224, Linsalde Crusaders – 224, Abingdon B – 176, Aylebury and District – 155, Pershore – 150, Camp Hill - 107**

Our November team has been for the past few years, a very small team, with many people unable to do this round. Unfortunately our performance at this gala meant we missed out on bonus points for round 2 and 3 and potential promotion placing. Can we please make sure for 2014 we check the dates and try our hardest to keep this night free.

The evening started out how we meant for it to go on with Jane Stalker losing her goggles in the first race – a great example to our younger swimmers of how you should always carry on and try your hardest. Jane matched the time she swam in the first round, even though she couldn't see for 8 lengths – no excuses! Adele Reeves showed a great steady swim in the 6th Girls 13/U Breaststroke (1:42.56), George McMahon showed us his lovely stroke 5th Boys 15/U 100m backstroke (1:35.13), Matilda Neal was fantastic swimming up two age groups 6th Girls 100m Butterfly (1:28.09), Hannah Watkins showed an excellent start and good breathing 5th Girls 13/U 100m Butterfly (1:33.45), Amber Coughlan showed us all how to start 4th Ladies Open 100m Freestyle (1:06.82).

Well done to all who swam, especially those who turned out at the last minute!

**Heather 😊**



### Arena League - Round 3 Rugby 14<sup>th</sup> Dec 2013

**Ayelsbury and District – 273, Pershore – 258, Camp Hill – 212, Fox Hollies – 176, Blythe Barracudas B – 174, Perry Beaches – 156, Solihull B – 127**

A fantastic finishing gala to the league. Well done to swimmers, who had their races changed at the last minute, you all swam admirably.

Alice Collier showed us that we can swim well, even if our hats pop off! 4th Girls 15/U Butterfly (1:27.03) and then produce a pb8 races later! 2nd Girls 15/u Freestyle (1:09.43). Jordan Francis showed us how strong his 50m fly is, just need to work on holding it for the full 100m! 5th Boys 15/U Butterfly (1.:26.59). Stuart Tierney showed us his fantastic turns and underwater 2nd Open Men's Backstroke (1:10.07), preceded by Amber Coughlan who was channelling her inner "Craig Norey" to swim a fantastic 2nd Opens Women's Backstroke (1:14.60). Diasy Cutsshad a fantastic 2nd 50m to come 1st Girls 15/U Breaststroke (1:24.74).

Relays were strong with some great swimming, including the last leg in the Boys 9/11 Freestyle Relay by Jonathon Vaskor, and a great finish by Aleks Mishev in the Open Men's Medley Relay and the Open Ladies really showing us how it's done, nearly overtaking Solihull in their cannon.

Heather 😊

### The Gavin Tipper Memorial Trophy Gala – 7<sup>th</sup> Dec 2013

A fun Christmas themed gala, we started the night off well, winning the fancy dress competition! There was some fantastic swimming throughout the evening with out 9 year old relay teams being undefeated and most of the individuals falling in to the 1st – 3rd place category.

A great swim by Gabby Disckson minus her goggles in the Girls 12/U 50m Back, A lovely swim by Gerda Vasilauskaite Girls 11/U 25m Breaststroke, a good strong finish for Lilianne McMahon in the Girls 11/U 25m Free.

The boys shone in the relays with some fantastic starts and finishes especially by Lukas Rubin in the Boys 10/U Medley Relay.

The "fun relays" were definitely amusing with float and duck, hoop diving, t-shirt removing and crown wearing. I cannot say we did particularly well in these, even though we did seem to have the most fun completing them, maybe something to work on in training for next year....!?!

The highlight of the night though was Elizabeth Ribchester ping ponging her way down one length of Freestyle in the Girls 10/U Freestyle Relay due to her goggle filling up with water, the best part to it was when she got out at the end and laughed!

Well done all, a very enjoyable gala.

Heather 😊

### Nuneaton and Bedworth Junior Gala (Division 1 Only!!) 25<sup>th</sup> Jan 2014

**Bilston - 218, Stratford Sharks -193, NBSC -192, Leicester Sharks -181, Boldmere -172, Camp Hill - 103**

Due to a technical error, we were invited to this gala accidentally and turned up with a completely different programme of events and potential standard of swimmers to the other teams (bearing in mind this was a Division 1 only gala and we are only a recently promoted Division 2 team!), so over warm up the coaches manically altered the team sheet to fit the new pro forma and we apologised in advance for potentially holding up the gala with slower swimmers. What actually happened was we won the first race (Millie Checkley G 10yrs 2L FS 35.38) and won a few more throughout the gala including the girls only cannon and actually looked like we were meant to be there, never being more than a touch behind the other teams. Bearing in mind we were also a few swimmers short, this bodes well for junior league this year!!!

Some of our outstanding swims...

Clarrie Williams 9yrs 1L BrS 3rd (24.36), Emily McNab 12U 2L BF 3rd (38.11), Matilda Neal 11U 2L BF 1st (36.59), Jonathon Vaskor 211U L BrS 3rd (46.49), Grace Rees 11U 2L FS 3rd (34.68), Lukas Rubin 10yrs 2L FS 4th (37.15).

Well done all!!

Heather 😊



**Nuneaton and Bedworth Junior Gala (*the one we were meant to be at!*) - 8<sup>th</sup> Feb 2014**

**Kingsbury – 236, Camp Hill – 217, Walsall – 190, Nuneaton and Bedworth – 173, Heath Town – 129**

Now this was more like it! Unfortunately we only took half a team to this gala, meaning we lost points straight away on our 9yr old boy and girls relays! Can I stress the importance of trying to make all of these galas, not only for the club, so we can work out where our strengths and weaknesses are but also so the swimmers are able to practise before the league starts! The yearly calendar with all our galas on, is up on the noticeboard at the club.

We started on a role with 5 out of the first 6 races winning first place! Clarrie Williams 9yrs 25m BrS (25.05), Millie Checkley 10U 25m BrS (16.19), Lukas Rubin 10U 25m BrS (16.45), Matilda Neal 11U 25m FS (16.26), Jonathon Vaskor 11U 25m FS (18.33). We also saw a lovely start and underwater from Jay Merchant 12U 50m BrS 4th (52.38), a fantastic start to her BS career to Lilianne McMahan 10U 25m BS 1st (22.76), and a PB to Emily McNab in what is becoming one of my favourite events to watch 12U 50m BF 4th (38.03).

We came 2nd in the cannon which was a great effort and had 4 1st place relays throughout the gala itself with no DQ's. Fantastic effort to all swimmers especially our boys team who never seem to get a break because of all the swimming up they do! Well done!

**Heather 😊**

## Open Meet News

### Peri Sprints and I.M Meet – 9th February 2014

It was a busy but successful Sunday with 15 swimmers competing in Rugby. By the end of the meet CHESC had swam 64 PBs out of 83 events! What an achievement, well done to everyone.

Gold – Millie Checkley (400m IM, 200m IM), Matilda Neal (50m Breaststroke, 100m IM), Samantha Evans (100m IM)

Silver – Matilda Neal (400m IM), Daisy Cutts (50m Breaststroke), Samantha Evans (50m Breaststroke), Millie Checkley (50m Butterfly, 100m IM)

Bronze – Emily Colleran (50m Backstroke), Samantha Evans (50m Backstroke, 50m Frontcrawl), Millie Checkley (50m Frontcrawl, 50m Breaststroke), Emily McNab (50m Breaststroke).

Thank you to all of the parents too who had sat and supported all of the swimmers in the heat! Well done.

**Jane 😊**

### Leeds Open Meet and Aylesbury Open Meet

Amber Coughlan has travelled around the country the past few months trying to achieve her goals. In Leeds she took huge chunks off her PBs and achieved the Midlands Qualifying time for 50m FC. During the Aylesbury Open Meet she continued to slice away at her PBs and achieved the Midlands Qualifying time for the 50m BC. Well swam Amber, it just shows all that hard work is paying off in the pool!

**Jane 😊**

### Upcoming Open Meets :

#### Rugby Open Meet – 26th/27th April

Keep an eye out on the board, info will be available from 1st March.



## Club Championships

This was our first ever Long Distance Championships and well done to all those swimmers that braved the more challenging swims (200m butterfly, 400m IM). It may have seemed a strange program for the swimmers with 9/10 years not allowed to compete in the 100m of each stroke but it was based on the Warwickshire County Championships.

Once again it was a great success and most swimmers swam huge PBs. One of the purposes of swimming these club championships gives the swimmers the opportunity to qualify for the Warwickshire County Championships. Many swimmers achieved the Qualifying Times ready for the championships in March.

Individual results can be found on the club website, but here is the results for overall top girl/boy for each year group:

### Top Girl/ Boy:

**8/U: Sophia Okoosi-Dunn, Thomas Colleran**

**9/10 – Hannah Dunn, Lukas Rubin**

**11/12 – Emily McNab, Jay Merchant**

**13/14 – Hannah Watkins, Michael McNab**

**15/16 – Alice Collier, Alex Mishev**

**17/O – Samantha Evans**

I would like to say a HUGE thank you to all of the parents that volunteered their time to help officiate and help run the championships. It couldn't run without you!

**Jane 😊**

## Warwicks' County Championships

This year there is no 'cards' to be posted before you swim. Swimmers are to arrive at the pool with plenty of time for the warm up.

If you are unable to swim due to illness etc. you MUST email me (j\_stalker@hotmail.co.uk) before Friday 9pm each week so I can fill out the correct forms and hand them in before 7:45am on the Saturday.

Warwickshire ASA have stated that:

'Failure to comply with the withdrawal process shall result in a fine of £5 for a heat and £10 for a final; which must be paid before a swimmer competes again in the Championships.'

Swimmers will need:

**Warm up costume**

**Racing costume**

**Towels**

**Poolside Clothes – trousers/shorts, t-shirt, suitable shoes**

**Hat and Goggles (spare also)**

**Food and Drink**

There is very limited seating on poolside so I would recommend the swimmer bringing some sort of chair (e.g. camping chair) to sit on as each session is quite long but don't worry if you haven't got one!

Camp Hill will be hopefully situated in our usual space by the shallow end of the pool.

**Jane 😊**



# NOTICEBOARD

Website : [www.chesc.org.uk](http://www.chesc.org.uk)  
Website Enquiries : [mail@chesc.org.uk](mailto:mail@chesc.org.uk)  
Emails for all Club Business : [office@chesc.org.uk](mailto:office@chesc.org.uk)  
(monitored by Anne, Kate, Karen, Heather, Pete & Jane)

## NEW TRAINING SESSION TIMES :

### Monday

5.00pm - 6.30pm (13 Years → Masters) *Jane*  
6.30pm - 8.00pm (12 Years and under) *Jane & Ian*

### Tuesday

5.00pm - 6.30pm (12 Years and under) *Jane*  
6.30pm - 8.00pm (13 Years → Masters) *Ian*

### Wednesday

6.00pm - 7.30pm (All Juniors & Seniors)  
*Pete & Heather*

7.30pm - 9.00pm (Masters ONLY) *Heather*

### Thursday

5.30pm - 7.00pm (12 Years and under)  
*Jane & Amber*

7.00pm - 9.00pm (13 Years → Masters) *Ian*

### Friday

5.00pm - 6.30pm (13 Years → Masters) *Sue*  
6.30pm - 8.00pm (12 Years and under)

*Heather, Pete & Kevin*

### Saturday Sessions

9.00am - 11.00am (All Welcome) *Jane & Kevin*

**1<sup>st</sup> February**

**5<sup>th</sup> April**

**3<sup>rd</sup> May**

**14<sup>th</sup> June**

## "NEW MEMBERS ARE ALWAYS WELCOME"

Enthusiastic swimmers can come along and visit any weekday, bring costumes and join in!

For more information and a swimming trial, please contact:

**Karen Coughlan** 07971 558930 –  
[kblccoughlan@googlemail.com](mailto:kblccoughlan@googlemail.com)

(Club Secretary & Memberships Liaison Officer)

**Nigel Greenwood** 07811 332393 –  
[nigel.greenwood@hotmail.co.uk](mailto:nigel.greenwood@hotmail.co.uk)

(Water Polo Coach)

### Important Notice for all parents:

If your children are taking ANY medicines on a long-term regular basis, please get a "Medication Form" to register the details. This includes vitamins, herbal remedies, hay fever tablets etc.

## ANNUAL SUBSCRIPTIONS & CLUB FEES 2014

Every Club Member will be required to pay the following...

- 1) Club Annual Subscription
- 2) ASA Membership
- 3) Training Session Fees (payable at each attendance, towards Pool Hire)

**There will be no change in the Club subscriptions again for this year**

First or only swimmer: £20.00

Second family member: £15.00

Third and subsequent family members: £10.00

ASA Membership (age as at 31 December 2013)...

Category 1: Swimmers age 8yrs & below on 31/12/2013: **£13.40**

Category 2: Swimmers age 9yrs & above during 2013: **£30.20\***

Category 3: All other Members acting in ANY capacity for the Club **£10.20\*\***

\* To enable you to participate in swimming competition for the Club

\*\* including but not limited to Officials, Coaches, Helpers and Temporary Members and those helping with children in any capacity - please ask the Club Secretary.

Training Session Fees for All swimmers (based on a minimum of two swims per week) £3.00

Camp Hill and ASA fees may be paid in the following way...

Obtain an application form from the Club Secretary or by clicking here, then complete and return along with your remittance...

a) By one cheque, made payable to Camp Hill Edwardians Swimming Club, or ...

b) By cash, (placed in an envelope with the Application Form) and handed to Karen Coughlan

**Note: Renewal payments received after the 31st January each year will be subject to a £5 additional administration charge per member (the Club Membership submission to the ASA will have been completed and additional costs will be incurred)**

## JUNIOR LEAGUE DATES (Ages 9-12)

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## IMPORTANT DIARY DATES

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